

INSPOORT+ PROJECT at a glance

10 PARTNERS
COMING FROM
ALL OVER EUROPE



- Prato Municipality/Polisportiva Aurora (Italy)
- FAISEM (Spain)
- Initiative zur sozialen Rehabilitation e.V. (Germany)
- PODES (Portugal)
- Megálló Group Foundation (Hungary)
- OFIS (France)
- NGO My World (Bulgaria)
- ACES Europe (Belgium)
- OxSPA (U.K.)

**6 LOCAL STAKEHOLDER
GROUPS**

250 ORGANISATIONS
involved in local partnerships

300 REPRESENTATIVES
from local partner organizations

**EVENTS, CONFERENCES
& MEETINGS**

**8 INTERREGIONAL
EVENTS**



**8 CONFERENCES &
PROJECT MEETINGS**



**PEOPLE INVOLVED
IN INSPOORT+ ACTIVITIES**

2.200 PEOPLE
at Interregional Events

520 PARTICIPANTS
at Conferences & project meetings

**RESEARCH &
GOOD PRACTISES
IN "PROMOTING SOCIAL
INCLUSION THROUGH SPORT"**



- 1 INSPOORT+ Vademecum
- 44 best practices tested during interregional events
- Visits to 10 centres of excellence

**COMMUNICATION
CHANNELS
IN "PROMOTING SOCIAL
INCLUSION THROUGH SPORT"**

- 1 Project Final Event at the European Parliament (Brussels)
- 5 City-Mobilisation Events
- 60 Press releases, interviews, newspaper articles
- 5 INSPOORT+ Newsletters
- 1 Project Website plus Facebook & Youtube pages



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INSPOORT+ PROJECT at a glance

PROJECT

The project INSPOORT+, co-financed by the Education, Culture and Audiovisual Executive Agency of the European Commission, supports the social inclusion of persons with mental disabilities through sport.

The INSPOORT+ approach builds upon the experience developed by partners in their territories to stimulate and support disabled people to undertake sport activities and in their collaboration during the previous INSPOORT project (2013-2014).

Sport can be a vehicle to promote social inclusion of disabled and other vulnerable or disadvantaged groups. In EU Member States, sport is characterised by a multitude of different approaches at

INSPOORT+ intends to improve the capacity of the local authorities and sport stakeholders in the design and implementation of policies, exploiting the potential of sport as a driver for the social inclusion of mentally disabled people.

national and local level as well as complex and diverse structures which enjoy different types of legal status and levels of autonomy. At EU level, the potential of sport in relation to social inclusion of disabled people is not fully exploited, in particular concerning the role of the local authorities in promoting sport in local communities.

The project, with an overall budget of 523 600 euros, has developed its activities from January 2016 until December 2017, in a partnership including European centres of excellence from various countries of the European Union: Italy (acting as coordinator with the Municipality of Polisportiva Aurora), Spain, Germany, Portugal, Hungary, France, Bulgaria, Belgium and the United Kingdom.

OBJECTIVES

INSPORT+ aims to promote the social inclusion of people with a mental disability through sport.

INSPORT+ specific objectives:

- To mobilise local stakeholder groups in order to support voluntary-based sport activities, promote increased cooperation among relevant stakeholders (social services, volunteers, users and their families, sport organisations, authorities and institutions dealing with sport, mental health and education, etc.), encourage participation of people with mental disabilities in sport activities.
- To organise interregional events at partner locations, with the participation of local stakeholder groups, experts in the field and European partners, in order to exchange information, experiences and good practices about effective ways of promoting the social inclusion of people with mental disabilities through sport.
- To improve knowledge on the delivery of sport and physical activity for people with mental disabilities through research into the local, regional and national contexts.
- Extensive communication and dissemination of project content and results across relevant networks and channels (press/online /media/ social channels) to raise awareness on the role of sport as a means to promote social inclusion of people suffering from mental disorders.



PROJECT OUTCOMES

6 Local stakeholder groups

As a key aim of INSPORT+, partners engaged and created groups of local stakeholders (representatives from associations, NGOs, health and sport professionals, local, regional and national authorities) working with different groups of people with mental disabilities and mental health disorders.

From 2016 to 2017 a series of meetings, roundtables, and activities took place in each location involving INSPORT+ partners and their stakeholders to exchange information and good practices, identify challenges, plan joint initiatives, support the organisation of their Interregional Events, promote INSPORT+ in their areas and work towards guaranteeing the sustainability of project actions.

8 INTERREGIONAL EVENTS

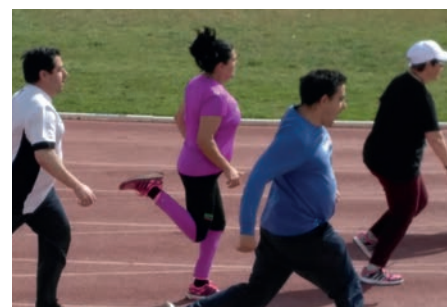
Interregional Events have been organised by INSPORT+ partners in each location featuring 3-4 days of interactive seminars, visits to local centres of excellence, city-mobilisation events, volunteer-led sporting events and activities with European partners, local stakeholders, and citizens. The events have represented the opportunity for gathering, exchanging and testing good practices, networking, discussing challenges, new ideas and initiatives.



1 INSPORT+ Vademecum

The Vademecum embraces:

- Country Profiles, outlining conditions, frameworks, and issues at stake in each partner location and the respective national context with regards to sport services available to people with mental health disorders.
- Experiences and good practices tested and shared during the project and its Interregional Events.
- Recommendations to support, promote and further enhance the chances of people with mental disabilities to engage in sport and physical activity on the one hand, and to facilitate the widespread adoption of the INSPORT+ approach by integrating the concept into the wider public policy domain, on the other hand.



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FOR MORE INFORMATION
info@insportproject.eu