



## Kick-Off Meeting of

### “INSPOORT+”

### *Promoting Social Inclusion of Persons with Mental Disabilities through Sport*

29 March - 1 April 2016

Prato, Italy

**Tuesday 29 March, Teatro Nuovo Magnolfi - Via Gobetti, 79**

**15:00 – 18:30** INSPORT + Steering Committee Meeting

**20:00** **Dinner** offered by the Municipality of Prato, *Decanter*, piazza delle Carceri 1/2

**Wednesday 30 March, Teatro Nuovo Magnolfi - Via Gobetti, 79**

**9:00** **Welcome statements by:**

*Luca Vannucci*, Delegated Councillor for Sport, Municipality of Prato, *Nicola Ciolini*, Tuscany's Regional Councillor, *Michele Mezzacappa*, Direct of “Società della Salute”

**9:30** *Sara Monti*, Insport + coordinator, “Introduction to the INSPORT+ project”

**9:45** *Nadia Giani*, Manager for Mental Health Services, Alice Cooperativa Sociale, “Activities of A.S.D. Aurora within the INSPORT+ project”

**10:00** *Marco Peciarolo*, National Team Head Coach at FISDIR (Italian Sports Federation for Intellectual and Relational Disability), “Sport and Disability”

**10:15** *Paolo Lucattini*, PhD student at University of Rome “Foro Italico”, “Inclusion, integration and sport”

**10:30** **Coffee Break**

**11:00** *Lamberto Scali*, Psychotherapist in charge with Community Participation in Health, Local Health Unit of Prato, “Health, Well-being and sport”

**11:30** *Giuseppe Cardamone*, Director of Mental Health Department, Local Health Unit of Grosseto, “Territorial Agreements: a model to be shared”

**12:00** *Sauro Testi*, Social Educator, “Good practise: the experience of Bucine” (town in Arezzo province, Tuscany)



**12:30 - 15:00 Lunch**

**15:00 – 18:30** INSPORT+ Technical Meeting with guidance from SIM (Italian School of Mentoring): understanding the Mentoring methodology

**20:00** **Dinner** offered by A.S.D Aurora, *Fuori Di Pizza*, via Attilio Ciardi, 20

#### **Thursday, 31 March, Teatro Nuovo Magnolfi - Via Gobetti, 79**

**9:30 – 13:00** INSPORT+ Technical Meeting with guidance from SIM (Italian School of Mentoring): training course on how pilot projects can be tested in the context of sport and disability.

#### **Thursday 31 March, Outdoor Sessions**

**15:00 – 17:00** Study visits tour:

1. The experience of Impavida Vernio & Athletic Nadir, Vernio football field;
2. Hypotherapy at Cavalli & Carrozze Riding School, Iolo;
3. Rugby match: Invictus v. U17 Prato Rugby Academy, Chersoni stadium, Iolo.

**18:00 – 19:00** Awareness raising event: flash mob in the city centre

A street band will guide participants from European Partners, local associations and schools wearing a black tshirt with the slogan “*Up close nobody is normal*”. Starting from Piazza del Comune the group will move through the city centre (corso Mazzoni, piazza Duomo, via Garibaldi, via Pugliesi, via Cairoli, via Ricasoli) with final destination at the Municipal School of Music “Giuseppe Verdi” (v. Santa Trinita, 2/4), where a concert will be held.

**20:00** **Dinner** at *Fuori Di Pizza*, via Attilio Ciardi, 20

#### **Friday 1 April, Kick-off Meeting Closure**

**9,30 – 12,30** Visit to the centre of Anffas Onlus Prato (National Association of Families of People with Intellectual and/or Relational Disabilities) and participation in a session of danceability under the guidance of the association Rotelle Attive